

Susan Kiley trip
Cusco- Villa Carmen
May 29th - June 12th.

May 29th.

Day 1: Lima

Arrive into Lima airport at night
Lima airport- hotel- Lima airport transfer.
Overnight at Lima.

May 30th.

Day 2: Cusco- Písaq

At early morning Lima- Cusco flight. Reception at Cusco airport and transfer to Písaq, where you will rest to adjust to the high altitude. It is advisable to rest in the morning in order to get used to the height.
Opening Ceremony by Dr. Theo Paredes
Lunch and dinner are included
Overnight at Royal Inca Písaq

May 31st.

Day 3: Písaq

The day will be spent enjoying the spectacular climb amidst agricultural terracing at Písaq in the Sacred Valley. Once at the summit, we will experience one of the most beautiful Incan temples. We will spend the day exploring the site and participating in a ceremony (SP). At evening meeting with Dr. Theo to talk and share our experiences.
Lunch and dinner are included
Overnight at Royal Inca Písaq.

June 1st.

Day 4:

After breakfast visit Písaq's market then we will visit Ollantaytambo ruins, it was the royal estate of Emperor Pachacuti who conquered the region, built the town and a ceremonial center.
At evening back to Cusco.
Lunch is not included
Sauna and dinner are included at Poqen Kanchay
Overnight at Poqen Kanchay

June 2nd.

Day 5

A Q'ero will be waiting for us in the morning to introduce us in a Despacho ceremony then we will visit Saqsayhuaman national Park visiting Q'enqo and Tambomachay ruins.
Picnic lunch is included
Free time in Cusco
Dinner is not included
Sauna is included
Overnight at Poqen Kanchay

June 3rd.

Day 6

Travel by bus to Ausangate leaving at 8a.m. arriving at 10a.m.

Horseback riding for 2 hours until we arrive in Azul Cocha or Blue lagoon, Dr. Theo Paredes will guide us on a SP day plant ceremony.

Box lunch is included

Back to Cusco at evening

Dinner is included at Poqen Kanchay

Overnight at Poqen Kanchay.

June 4th.

Day 7: At midday travel by bus to Paucartambo (3 hours), a colonial village, with casonas, bridges and churches.

Visit the area and go to bed very early.

Lunch and dinner are included

Overnight at Pacartambo.

June 5th.

Day 8

We leave at 3a.m. for *Tres Cruces de Oro*, "Three Crosses of Gold." We will be transported by private transport, arriving at 5:00a.m. to this special place on the border of the Amazon rain forest.

A special optics of the earth's curvature from this altitude provides a spectacular show of the sun. Don Theo will guide us in meditation here, as we work with a sacred plant. SP

At midday, we descend through the cloud forest over a magical road that takes us by jungle waterfalls and through rock tunnels. We reach *Villa Carmen* in the early evening where we spend the night. Villa

Carmen is located on the fringes of the *Parque Nacional del Manu* and is an old ranch begun a century ago by a Spaniard on the land that belonged to Garcilazo de la Vega, daughter of the last great Incan emperor.

Now it is hosted by Gretel Muñoz, a hostess who opens her home to us. All of the meals are prepared fresh daily from produce and livestock in the traditional style of the area. The accommodations are in double rooms with a common bath area.

Overnight at Villa Carmen.

June 6th. – 9th.

Day 9- 12: Villa Carmen

Our days in the jungle will consist of exploration by foot, horses and boats- We will be joined throughout our time by local peoples who are very knowledgeable about the flora and fauna. Night time will be dedicated to do ceremony working with Don Theo and Pepe (**3 plants ceremonies A**). This is the magic of the jungle immersed in the remote life of Nature.

Meals included breakfast, lunch and dinner all days.

June 9th.

Day 12

Back to Cusco by bus after breakfast

Lunch at Paucartambo is included

Dinner at Poqen Kanchay is included

Sauna is included

Overnight at Poqen Kanchay

June 10th.

Day 13

Free day to rest, or for shopping/sightseeing in Cusco.

Lunch is not included

Dinner is included at Poqen Kanchay

Overnight at Poqen Kanchay

June 11th.

Day 14

Midday flight back to Lima. Lima city tour visiting down town. Transfer to Alfresco's restaurant for lunch. Lunch and dinner are not included

Transfer to Lima's airport at 8p.m.

Included in the price of the trip:

- Round-trip tickets Lima-Cusco- Lima.
- All bus transfers
- Accommodations in double rooms.
- All breakfast, picnic lunch, lunch and dinner detailed on the itinerary.
- At Villa Carmen all meals are included (B,L and D).
- All Plant ceremonies by Don Theo.
- Entrance to all sites.
- Day tour of Lima (lunch and dinner are not included)
- All tips except for Theo.
- One tour guide.

Not included on this price of the trip

Passport and airport exit tax fees for international and domestic flights (approx.\$4.00 and \$25.00), taxes of any kind, telephone, wine, beer and other liquor, soft drinks and bottled water, incidental food and beverages bought on the road and/or at meals not included in the program, personal purchases, laundry, individual work and personal healings with healers, airfare to the commencement and from the termination point of this expedition, expenses incurred because participants miss flights or buses, expenses incurred due to sickness of participants during the expedition, etc.

Extention

June 11th.

Day 14

Hotel- train station transfer

Leave on the morning train to Macchu Picchu with Pepe (Vistadome service), "The Crystal City," whose buildings and terraces spill over a ridge hundreds of meters above the rushing Urubamba River. Macchu Picchu's builders harmonized architecture and sacred geography, framing views of nearby mountains in doorways and windows and carving some stones to echo the mountain's shapes.

Back to Cusco by train at 3:15p.m.

Poroy station- Cusco transfers

Dinner and sauna at Poqen Kanchay are included

Overnight at Poqen Kanchay

June 12th.

Day 15

Fly back to Lima at midday. Flight back to Lima at midday. Lima city tour. Transfer to A fresco's restaurant for lunch. Lunch and dinner is not included

Transfer to Lima's airport at 8p.m.

The trip includes

- Lodging on double rooms
- All transportation listed in the itinerary including train tickets, transfers to the sites listed in the itinerary and hotels.
- Meals detailed on the itinerary
- 1 day entrance to Machu Picchu.
- 01 tour guide

This price DOES NOT INCLUDE:

Tour conductor, passport and airport exit tax fees for international and domestic flights (approx.\$4.00 and \$25.00), taxes of any kind, telephone, wine, beer and other liquor, soft drinks and bottled water, incidental food and beverages bought on the road and/or at meals not included in the program, tips of any kind, personal purchases, laundry, individual work and personal healings with healers (approx. \$100.00), airfare to the commencement and from the termination point of this expedition, expenses incurred because participants miss flights or buses, expenses incurred due to sickness of participants during the expedition, etc.